MC3 Program Overview

1 IN 5 CHILDREN
have at least one diagnosable mental health condition[1]

1 IN 7 WOMEN
cared for by perinatal providers suffer from depression or anxiety[2]

The majority of women and children who have depression or anxiety do not receive treatment. That's where MC3 comes in.

The Michigan Clinical Consultation & Care (MC3) program began in 2012 and is funded by the Michigan Department of Health and Human Services. MC3 offers no-cost psychiatry support to pediatric and perinatal providers in Michigan through same-day phone consultations to offer guidance on diagnostic questions, safe medications, and appropriate psychotherapy.

How does MC3 work?

1. **Provider/clinic staff initiates consultation**
2. **Behavioral Health Consultant triages consult request and provides resources**
3. **Psychiatrist and provider connect**
4. **Consult summary sent to provider**

How to sign up:

Visit
the sign up page on our website
or scan the QR code to sign up.

For more information:

MC3Michigan.org

mc3-admin@med.umich.edu

844-828-9304

MC3 is funded by the Michigan Department of Health and Human Services (MDHHS) via general funds, Medicaid Administration funds, Health Resources Services Administration (HRSA) funds and Flint Water Crisis funds.

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MDHHS
Michigan Department of Health & Human Services

MC3 Process

- Consult requests can be initiated by anyone in the practice with knowledge about the patient
- Consults can be submitted either by phone or online; regional phone numbers and a secure online form are available on our website
- Call with psychiatrist will need to be with the prescribing provider
- Behavioral Health Consultants (BHCs) can provide consultations on resources

Who is eligible to participate?

Providers in Michigan are eligible to participate in the program. This includes M.D.s, D.O.s, N.P.s, P.A.s, and C.N.M.s in family medicine, pediatric, OB/Gyn, and psychiatry practices.

Additional Key MC3 Offerings

Telepsychiatry patient evaluations

Live and remote trainings offered regionally and statewide

Workflow analysis to better integrate screening, care coordination, and MC3 services

Local and regional behavioral health resource and referral navigation

Scheduled educational group case consultation with MC3 psychiatrist

What is not included in MC3?

MC3 is not an emergency service. MC3 psychiatrists do not prescribe medication or provide ongoing treatment, but rather support providers as they provide care.

Perinatal Patient Care Services

MC3 is offering direct perinatal mental health services to patients of MC3 enrolled providers in select counties. This includes free same-day access to virtual counseling, case management, and care coordination for patients.

What services do patients get? Services include e-screening with a same-day brief intervention. The Behavioral Health Consultant will work with the patient to create a custom care plan.

Who is eligible to participate? To offer MC3 perinatal patient care services, you must be signed up for MC3 provider consultations services and practice in Wayne, Oakland, Macomb, Genesee, Ingham, or Washtenaw counties.

Where can I receive more information? Visit MC3Michigan.org/perinatal-patient-care to learn more.

Sources: 1) Merikangas, K., et al. (2010) Lifetime Prevalence of Mental Disorders in US Adolescents: Results of the National Comorbidity Survey Replication-Adolescent Supplement. Journal of American Academy of Child and Adolescent Psychiatry 49(10):980-989. doi: 10.1016/j.jaac.2010.05.017); **2)** National Institute of Mental Health, 2018, CDC, PRAMS, 2018