

2024

# Perinatal Grief and Loss Resources

Grand Rapids Area



**Child Loss Program, Kent County Health Dept.** - Grief counseling and connection to resources provided by Public Health Nurses and Social Workers for families who have lost a child (ages 0-18 yrs.) or experienced a miscarriage or stillbirth. 616-632-7055 [www.accesskent.com/Health/Families/loss.htm](http://www.accesskent.com/Health/Families/loss.htm)

**Ele's Place** – A healing center for grieving children and teens who have experienced the death of a parent, sibling, or someone else close to them. 2000 Michigan Street NE, Grand Rapids, MI 49503, Phone: 616-301-1605, [www.elsesplace.org](http://www.elsesplace.org)

**Gilda's Place Grand Rapids – Perinatal Grief Support** – a monthly support group for adults who have experienced miscarriage, stillbirth, or early infant death. This is time to connect with others who share similar experiences. [www.gildascludgr.org/calendar](http://www.gildascludgr.org/calendar)

**SOUL - Sharing Our Untimely Losses Parent Group** - Supporting parents who have experienced a miscarriage, stillbirth, or newborn death. Meet in a supportive environment with others who have experienced a similar loss. Wednesdays at 6pm to 7:30pm, Grand Rapids Women's Health, 555 Midtowne, [www.maternalwellnessprogram.org](http://www.maternalwellnessprogram.org)

**Starlight Ministries** - Starlight provides grief support for bereaved parents through groups, peer-to-peer, that are specifically designed for participants to process feelings, grow in faith, and learn ways to cope with loss. 3376 Central Blvd, Hudsonville 616-662-1999 [www.starlightmin.org/programs](http://www.starlightmin.org/programs)

**The Compassionate Friends** - Parents supporting parents experiencing any child loss at any age. 3rd Thursday of each month at 7pm, St. Mark's Episcopal Church, 134 Division Ave., 616-430-0905 or 616-258-4678, [tcf.forourchildren@gmail.com](mailto:tcf.forourchildren@gmail.com), [www.grtcf.org](http://www.grtcf.org)

## Therapists with Specialty in Perinatal Grief and Loss

**Nancy Kingma RN, LLP, LPC, NCC**  
4127 Embassy Dr SE  
Grand Rapids, MI 49546  
(616) 264-3204

**Kerrie Van Weelden LMSW, PMH-C**  
103 College Ave SE  
Grand Rapids, MI 49503  
616-287-9966  
[kerrie@nurturedpathgr.com](mailto:kerrie@nurturedpathgr.com)  
<https://www.nurturedpathgr.com>

**Cristina Stauffer LMSW**  
233 Fulton St East, Suite 226  
Grand Rapids, MI 49503  
616-581-4967  
<https://www.collaborativegr.com>

**Dana Evans LMSW**  
103 College Ave SE  
Grand Rapids, MI 49503  
616-229-4815  
[Danaevans.lmsw@gmail.com](mailto:Danaevans.lmsw@gmail.com)  
<https://www.nurturedpathgr.com>

**Karen Christopherson LMSW, CAADC**  
4519 Cascade SE, Suite. 2B  
Grand Rapids, MI 49546  
616-975-1159  
<https://www.TrilliumConsultants.com>

**Alysia Dendrinis LMSW, CAADC**  
360 East Beltline NE, Suite 100  
Grand Rapids, MI 49506  
616-805-3660  
<https://www.counselingcenterwm.org>

**Melissa Vander Kooi, MA, LPC**  
44 Counseling  
1845 – RW Berends SW  
Wyoming MI 49519  
616-822-5518  
<https://44counseling.com/>

**Ashley Troszok, LMSW**  
Balanced Life Counseling & Wellness  
3282 Clear Vista Ct. NE Ste B  
Grand Rapids, MI 49525  
616-286-1905  
<https://www.balancedlifegr.com/>

**Michaela Ayew-ew, MA, LPC, PMH-C, CCTP**

IHC West Michigan  
1055 Gezon Pkwy SW  
Wyoming MI 49509  
616-773-2908 ext. 111

<https://www.ayewewcounseling.com>

**Susie Kim-VanderGriend, LMSW, PMH-C**

Nurtured Path Grand Rapids  
103 College Ave SE  
Grand Rapids, MI 49503  
616-229-4815

<https://www.nurturedpathgr.com>

**Elsa Lockman, LMSW**

983 Spaulding Ave SE  
Ada MI 49301  
616-915-8324

[elsa@elsalockmanlmsw.com](mailto:elsa@elsalockmanlmsw.com)

**Lindsey Zaskiewicz, LMSW**

Mindful Counseling GR  
113 Lake Michigan Dr NW  
Grand Rapids MI 49544  
616-425-2412

<https://www.mindfulcounselinggr.com/>

**Mary Zuidema LMSW**

983 Spaulding Dr SE  
Ada, MI 49301  
616-773-2121

**Michigan and National Programs and Websites**

[www.postpartum.net](http://www.postpartum.net)

[www.gundersenhealth.org](http://www.gundersenhealth.org)

[www.glorybabies.com](http://www.glorybabies.com)

[www.journeyofhearts.org](http://www.journeyofhearts.org)

[www.firstcandle.org](http://www.firstcandle.org)

[www.thetearsfoundation.org](http://www.thetearsfoundation.org)

[www.aheartbreakingchoice.com](http://www.aheartbreakingchoice.com)

[www.glowinthewoods.com](http://www.glowinthewoods.com)

[www.perinatalhospice.org](http://www.perinatalhospice.org)

[www.AmosAnchors.org](http://www.AmosAnchors.org)

[www.starlegacyfoundation.org](http://www.starlegacyfoundation.org)

[www.pregnancyafterlosssupport.com](http://www.pregnancyafterlosssupport.com)

[www.griefshare.org](http://www.griefshare.org)

[www.opentohope.com](http://www.opentohope.com)

[www.mygriefangels.org](http://www.mygriefangels.org)

[www.climb-support.org](http://www.climb-support.org)

[www.nationalshare.org](http://www.nationalshare.org)

[www.emptyarmsbereavement.org](http://www.emptyarmsbereavement.org)

[www.childrengrieve.org](http://www.childrengrieve.org)

[www.GriefWatch.com](http://www.GriefWatch.com)

**In Print**

- A Silent Sorrow, Pregnancy Loss: Guidance & Support for You and Your Family – Ingrid Kohn & Perry-Lynn Moffitt
- Empty Arms: Coping with Miscarriage, Stillbirth, and Infant Death – Sherokee Ilse
- Empty Cradle, Broken Heart: Surviving the Death of Your Baby – Deborah Davis
- Grieving the Child I Never Knew: A Devotional for Comfort – Kathe Wunnenberg
- Mommy, Please Don't Cry: There Are No Tears in Heaven - Linda Deymaz
- Something Happened - Cathy Blanford
- Still to be Born: A Guide for Bereaved Parents Who are Making Decisions About their Future – Schwiebert, P., Kirk, P. Lactation After Loss pamphlet – [www.emptyarmsbereavement.org/lactation](http://www.emptyarmsbereavement.org/lactation)

The resources listed have been vetted by the Healthy Kent Perinatal Mood and Anxiety Disorders Coalition.  
Questions? Contact Barb Hawkins Palmer at [bxhawkins@kentcountymi.gov](mailto:bxhawkins@kentcountymi.gov)

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Healthy Kent Perinatal  
Mood Disorders Coalition